



AYSO REGION 8 Coach/Asst Coach Meeting Fall 2025 Season

August 25th 6:30pm-7:30pm

Welcome to the 2025 AYSO Region 8 Fall soccer season. Thank you for volunteering. You are very much appreciated! In order to have a great season, we've provided you with all the information you'll need including rules, guidelines, important dates, and suggestions. You should also view our Standard Regional Policies and Protocols and Region 8 Addendum found on our website.

Remember that we are all here for our children. We want them to make new friends, learn new skills, enjoy physical fitness and have fun. Be the example, as well as remind other parents, to practice respect and kindness to everyone on the field; from players to referees as well as the opposing team.

Gabriel Hernandez
Regional Coach Administrator

Region 8 Board Members

Board Position	Name	E-Mail
Regional Commissioner	Andrew Simon	andrew.simon85@gmail.com
Treasurer	Sandra Lott	slott52@yahoo.com
Registrar	Courtnei Whitmore	daizia8@yahoo.com
	Paola de la Cruz	tlccpaola@hotmail.com
CVPA	Althea John	rothea8@aol.com
Coach Administrator	Gabriel Hernandez	gabriel@hernandez5.com
Referee Administrator	Brian John	trinipan@aol.com
Safety Director	Tom Baker	scnpln@yahoo.com
Referee Scheduler	Gordon Prince	gordon_prince@hotmail.com
Trophies & Sportsmanship Award Coordinator	Andrew Simon	andrew.simom85@gmail.com
Team Parent Coordinator	Jo Bocanegra	jobocanegra28@gmail.com
Picture Day Coordinator	Kennede Morales	kennede.morales@aol.com
Secretary	Jo Bocanegra	jobocanegra28@gmail.com
DIVISION MANAGERS		
BU6	Jaime Sanchez	s.landscaping@yahoo.com
GU6	Chris Sims	simssoccer5@gmail.com
BU8	Jaime Sanchez	s.landscaping@yahoo.com
GU8	Chris Sims	simssoccer5@gmail.com
BU10	Amol Jammu	ajammu01@gmail.com
GU10	Hylida Terezon	hyldateresa@yahoo.com
BU12	Althea John	rothea8@aol.com
GU12	Jessica Simon	simonfamily4@me.com
BU14	Althea John	rothea8@aol.com
GU14	Jessica Simon	simonfamily4@me.com
UPPER DIVISIONS		
BU16/GU16/BU19/GU19	Luciano Londono	lucianosconstruction@gmail.com

NO PETS OF ANY KIND ARE ALLOWED AT PARK DURING PRACTICES OR GAMES.

IMPORTANT DATES:

DATE	EVENT	OTHER INFO
September 2 nd	Schedule released and posted on website	Team Parent to distribute to parents
September 6 th	First game of the season	
September 14 th	Regional Referee Training	Held at North Valley fields, 12940 Balboa Blvd Must complete online portion before attending.
September 21 st	All volunteer requirements for coaches and assistant coaches must be completed in order to qualify for playoffs. NO EXCEPTIONS	This Includes volunteer form, online background check, fingerprints, age specific coach training, safe haven, sudden cardiac arrest, concussion, and SafeSport. (pg 4 for details)
September 8 th to November 10 th – Monday nights only	Coach/Referee meetings	At the Rec Center from 7:00 p.m. to 9:00 p.m.
September 27 th	Picture Day	See page 8 for details.
September 29 th	Coaches must attend 1 st Monday night meeting on or by this date	
October 24 th	Coaches must attend 2 nd Monday night meeting on or by this date	
TBD	Picture Make Up Day	By the Green Bin at south parking lot
November 22 nd	Last Regular Season Games (6U & 8U)	Trophies will be given to coaches or team parents as long as division managers have received ratings from the coach. No ratings, no trophies until ratings are received
November 22 nd	Regional Playoffs for Divisions 10U, 12U and 14U	Must satisfy playoff requirements to participate. See page 9 for details
December 6 th and 7 th	Area Playoffs – Pool play for Divisions 12U and 14U	Must satisfy playoff requirements to participate. See page 9 for details.
December 13 th	Area Playoffs – Pool play for Division 10U	Must satisfy playoff requirements to participate. See page 9 for details.
December 14 th	Area Playoffs – Semi-Finals and Finals in 10U, 12U and 14U	Must satisfy playoff requirements to participate. See page 9 for details.

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As you know, AYSO is an all-volunteer organization. Coaches, assistant coaches, referees, team parents, and board members are all volunteers. Parents, relatives, and friends lend their time and talents so that each region can function.

Volunteer registration is very important and mandatory to ensure our kids are in a safe environment. All coaches, assistant coaches, referees and Board members are required to:

1. Fill out an online volunteer registration form (www.ayso8.org)
2. Complete your online background check (Email from Sterling Volunteers)
3. Get fingerprinted (Coach Meeting 8/25)
4. Safe Haven Course (**Online**)
5. CDC Concussion Awareness Course (**Online**)
6. Sudden Cardiac Arrest (**Online**)
7. SafeSport (**Online**)
8. Coach Specific Training or Referee Training (In-Person. Check website for dates)- Coaches and Assistant Coaches only

VOLUNTEER REGISTRATION (step one)

- GO TO: www.ayso8.org
- Click "Register Now" at the top right corner of our Region's web page. You will be directed to several screens where you will need to input your information. Follow prompts carefully. The application is complete when you do all the e-signature and click submit. (Your confirmation is an e-mail response, welcoming you to region 8)
- (Then) check your email for "Sterling Volunteers." All volunteers must complete an online background check. Follow the link on the email to complete the process.

ONLINE TRAININGS:

Safe Haven, CDC Concussion, Sudden Cardiac Arrest, SafeSport

NO EXCEPTIONS- EVERY COACH, ASSISTANT COACH, REFEREE, TEAM PARENT AND BOARD MEMBER MUST COMPLETE

- To access training login to your account on www.ayso8.org.
- Click the "VOLUNTEER" tab on the left side.
- You will see a button "AYSOU". Click that to be redirected to the training website.
- There you will find all the trainings.
- Under the "Safe Haven" tab is most of the trainings. Be sure to look for on-line, not in-person. Safe Haven is also available in Spanish.
- For returning volunteers: Only SafeSport is required to be taken every 2 years. Your division manager will let you know if you need to renew any trainings.
- To check if you're current: log onto www.ayso8.org, click "AYSOU". Log in and confirm completion date.

Please SAVE A COPY OF YOUR CERTIFICATE at the end of the course to ensure your certification has been submitted.

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THREE QUARTER (¾) RULE POLICY

1. Except as otherwise provided 'in this Policy, every registered AYSO player in Region 8 is entitled to play in three quarters (3/4); of every game.
2. If a player arrives after the game has already started, the rules are as follows:
 - a. If the player arrives while the first quarter is being played, he/she must play at least two of the three remaining quarters;
 - b. If the player arrives while the second quarter is being played, he/she must play at least one of the remaining two quarters;
 - c. If the player arrives while the third quarter is being played, he/she need not play at all in that game, but may play one quarter at the discretion of the coach; and
 - d. If the player arrives while the fourth quarter is being he/she shall not play at all in that game absent circumstances that would permit him/her to enter the game in the fourth quarter (i.e. an injury to a teammate, or his/her team's playing short due to player absence), and then only at the discretion of the coach.
3. The Goalkeeper rules are as follows:
 - a. There are no goalkeepers in 6U or 8U;
 - b. In 10U, players can play no more than two (2) quarters in goal and must play at least one (1) quarter in the field;
 - c. In 12U, players can play no more than three (3) quarters in goal;
 - d. In 14U, players can play all four (4) quarters in goal so long as all other players are each allowed to play three (3) quarters of the game pursuant to this policy; and
4. Injury, illness, and non-attendance at practice shall be handled as follows:
 - a. Any player that is injured and needs to be removed from the field for the balance of the quarter (or more), shall be credited with having played the quarter in which he/she was injured. The player coming in for the injured player shall not be credited with having played that quarter.
 - b. Any player that is injured or ill is not required to play three quarters so long as the decision not to play three quarters is made in good faith by the parents and the player, and not by the coach. The assistant referee must be informed so that he/she can note the illness or injury on the game card;
 - c. No player shall have his/her playing time in games limited because of non-attendance at practice.
5. Violations of this Policy shall be handled as follows:
 - a. A violation of this Policy shall be presumed to occur whenever the game card for a 10U, 12U or 14U team reveals that:
 - i) a player did not play in three (3) quarters and there is no justification noted on the game card (i.e. player was sick, injured, asked to be removed, arrived late, etc.) and/or
 - ii) the Goalkeeper Rules set forth in paragraph 3 were not followed;
 - b. In the event of a presumed violation, the Coach Administrator or other person assigned by the Regional Commissioner, shall contact the coach and, if necessary, the parent of the affected player; the player and/or any other person, to determine if the game card correctly recorded an actual violation, and if so, whether the coach intended to violate this Policy or whether the coach mistakenly did so;
 - c. The Coach Administrator or other person assigned by the Regional Commissioner, shall communicate his/her conclusions to the Regional Commissioner who may accept, reject, or modify those conclusions at his sole and reasonable discretion;
 - d. In the event that a mistaken violation is found to have occurred:
 - i) The offending coach shall. receive a warning and shall be placed on probation.

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ii) If a second mistake occurs, then the offending coach's team shall forfeit any points awarded for the game in which the Policy violation occurred; and

iii) The opposing team in the game in which the Policy violation occurred shall be awarded three points regardless of whether it won, lost, or tied the game, in lieu of any other points it may have earned. In the event it won the game, the final score shall stand. In the event it lost or tied the game, it shall be awarded a forfeit victory;

e. In the event that an intentional violation is found to have occurred:

i) For the first offense, the offending coach shall be suspended for the next game. For the second offense, the offending coach shall be suspended for the next two games. For the third offense, the offending coach shall be suspended for the balance of the league season;

ii) The offending coach's team shall forfeit any points awarded for the game in which the Policy violation occurred;

iii) The offending coach's team shall additionally have three points deducted from their cumulative season point total unless the team does not have three total points in which case all points which the team does have shall be deducted; and

iv) The opposing team in the game in which the Policy violation occurred shall be awarded three points regardless of whether it won, lost, or tied the game, in lieu of any other points it may have earned. In the event it won the game, the final score shall stand, In the event it lost or tied the game, it shall be awarded a 1-0 forfeit victory;

6. It is the sole and exclusive responsibility of the head coach to ensure that his/her substitutions are properly recorded on the game card by the assistant referee.

7. This Policy does not apply to the 16U/19U divisions, as those divisions adhere to the national guideline of 1/2 of a game play due to roster sizes.

8. Any ambiguity or omission in this Policy shall be resolved by the Region 8 Regional Commissioner or his designee.

GAME SCHEDULE:

- Will be given to coach and posted online at www.ayso8.org, after Labor Day weekend. Opening game day will be on Sept. 6th
- The schedule will tell you what time you will play and on what field
- 6U and 8U expect to play every Saturday from September 6th to November 22nd.
- 10U, 12U, 14U expect to play every Saturday from September 6th to November 15th. Teams that qualify for playoffs will continue November 22nd.
- 16U and 19U expect to play every Sunday from mid-August to mid-November

PLAYER REGISTRATION FORMS

- Copies of all player registration forms must be present at all practices and games.

NO EXCEPTIONS!!

- Copy will be provided to coaches. Please make additional copies and give to assistant coach and to team parent.
- If a team has no player registration forms present at practice or games, team will not be allowed to participate.
- Region 8 will have random checks throughout the season to ensure physical copies are at the field.

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GOAL SET UP/ TEAR DOWN:

If your team is scheduled as the FIRST or LAST game to play, plan sufficient time for responsibilities. **This is NOT the coach or the assistant coach's responsibility it's the WHOLE TEAM's responsibility. Appoint parents to help.**
 HOME TEAM (North or West side of field) Team listed first on schedule.
 VISITOR TEAM (South or East side of field)

KNOW YOUR SIDELINE AND LET YOUR PARENTS KNOW WHERE TO SIT. For the safety and harmony of the game and players, please sit on your team's sideline regardless of shade. Tell your parents that if the assigned sideline doesn't have shade, they will need to bring their own shade, like canopy or umbrella. Parents and visiting spectators need to sit on the same sideline as their team. This is to minimize unnecessary heated exchanges from spectators. A Board Member or Referee can stop the game until a resolution is decided (and they'll have to move anyway).

FIRST GAME TEAMS (Both Visitor and Home):

1. Take goals and 2 corner flags from green bin to fields; set up both goals and place corner flags in the correct location.

2. Assist our Region Board; set up field with trash cans, recycling bins, and region canopy.

IMPORTANT: Game times will not be extended. For example, if first game is scheduled to start at 10am but goal/nets not up until 10:10am, then your game has now been shortened by 10 minutes. We need to stay on schedule, so plan sufficient time for your team's responsibility.

LAST GAME TEAMS (Both Visitor and Home):

1. Take down both goals and take goals **back** to green bin and place inside the bin

2. Assist our Region Board; put away trash cans, recycling bins, and region canopy

UNIFORMS:

- Players must be in complete uniform, or they will not be allowed to play. Region provides team shorts, team shirt and team socks.
- Parents provide shin guards and soccer cleats (no front cleats).
- During cold days, players may wear sweats under uniform. They do not need to be the same color as uniform (except during playoffs)
- NO hoodies allowed under the uniform. Sweatshirts must have no hood attached.
- NO jewelry of any kind allowed on players during games or at practices.
 - (Medical bracelets need to be taped on the wrist)
- Nothing hard is allowed on the head (no hard barrettes, bobby pins, hard headbands, only soft materials on top of player's head)

- **DO NOT ADD NAMES TO UNIFORMS**

Uniform numbers are important throughout the season for the weekly lineup card, referee and statistician use.

When passing out uniforms: notate players numbers; include info in team roster (DM will need this info ASAP) give smaller numbered uniforms to smaller players, larger numbered uniforms to larger players.

Once uniforms are distributed it cannot be exchanged. It's best to make the originals work. Parents will be responsible for replacement cost if lost or altered.

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IMPORTANT Rules and Reminders (share with family and friends):

- CHECK E-MAILS before coming to practice.
- PARKING SIGNS must be adhered. If parked in non-parking area or "staff" parking, you will be towed. "Staff" parking does not belong to AYSO staff, it is reserved for Petit Park Rec Center staff. Do not make your own parking area; you will be towed.
- **NO SMOKING** on field, including electronic/vapor cigarettes. You will be asked to leave.
- **NO ALCOHOL** on field- will be asked to leave.

NO PETS AT REGION 8 EVENTS – GAMES AND PRACTICES

AYSO soccer is a family event and because many people consider their pets to be members of the family they are inclined to bring them along to our fields for either practices or games.

It is important to remember that for safety reasons, **PETS ARE NOT ALLOWED ON AYSO FIELDS**. Properly registered service animals are generally exempt from the policy. **Emotional support animals do not qualify as service animals under the ADA, the California Unruh Civil Rights Act nor the Disabled Persons Act.**

All AYSO Region 8 participants agree and understand that NO PET shall be permitted at any AYSO activity or event regardless of venue or location. This policy includes but is not limited to practices, games, picture day, team parties, tournaments, etc. This Policy is consistent with those of neighboring Regions and is in keeping with the AYSO Insurance Policy, which does not cover animal bites or related injuries. You, as the primary player and account registrant, are also responsible for any friends or family members visiting the fields.

Region 8 pays for and controls the soccer fields and surrounding areas in an exclusive use permit that provides us the right and with that right, we are required by our National Bylaws and Insurance to comply with our published guidelines. For the *Public Parks*, such as Petit Park for Region 8, the permitted AYSO Fields are considered the immediate vicinity of the field, touchlines and goal lines.

If a parent or spectator refuses to remove the pet from the field after being asked, referees will be advised to suspend the game if the pet is not removed from the field of play.

PICTURE DAY:

- September 27th
- Petit Park, South Side by the green bin
- Schedule will be posted online and distributed to coaches and team parents 2 weeks prior to picture day.
- Coach, Assistant Coach and Team Parent in team photo only. No additional parents.
- Parents will receive email with coupon to order pictures directly from the photo company. Pictures are shipped directly to parents. No league distribution this season.

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10U, 12U and 14U Teams Only

All competitive divisions, 10U, 12U and 14U, shall use a combination of volunteer points, including referee and coach participation, and win-loss-tie record to determine playoff qualification and first place teams.

POINT SYSTEM TO QUALIFY FOR PLAYOFFS:

- 10U, 12U & 14: 8 points total to be eligible to participate in playoffs. Breakdown of these 8 points are as follows:
 - 6 points for refereeing on the field
 - 2 points for **COACHES** attending Monday night referee meetings. (See details on page 4)

In order to qualify for playoffs, a team must be in good standing. Teams that accumulate an excessive number of ejections (players, coaches, parents) or have a pattern of poor sportsmanship are not considered to be in good standing. Additionally, the severity of any one person's single action could cause the team to fall out of good standing with the region. Any team that is in danger of missing the playoffs due to behavior issues will be informed.

The coach of the team must be certified at the appropriate level for their team. The teams must accumulate the correct amount of volunteer points as outlined in the Volunteer Point System in your team parent and coach packets.

The tie-breakers for teams tied in the standings are:

- 1) Head to Head
- 2) Most wins
- 3) Least goals against
- 4) Goals for.

If teams are still tied after exhausting these options, then,

- 5) Shots from the mark.

All teams that meet the above requirements qualify for the region playoffs. Of the teams that qualify, the team with the best win-loss record shall be declared the first place team.

The board shall determine the format of the playoff based on the number of teams that qualify for the region playoffs and the number of teams to be sent to the Area 10V playoffs.

Teams must remain in good standing during the Region playoffs. Teams (players, coaches and parents) that exhibit poor sportsmanship or that violate any Region policies during the Region playoffs may not be allowed to attend the Area 10V playoffs. All teams earning the opportunity to play in the Area 10V playoffs need to be approved by the Regional Commissioner.

It's imperative that it is understood without referee points the team will not go to playoffs, even if the team wins every single game during the season.

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REFEREE:

- Regional referee training Sunday, September 14th Online portion must be completed prior to attending in person training.
- "AYSO certified" referee points are needed, be eligible to participate in playoffs.
- Teams in 10U, 12U, & 14U must have certified referees doing at least 6 games total
- All teams in 10U, 12U and 14U ***MUST*** have at least 1 **new referee**. This new referee will be asked to complete 3 games minimum as an assistant referee. The referee must be at least 12 years old for qualifying points. If not related to a player on the team, they can only represent 1 team in the region.
- New referees will start off helping with 10U games. We will work with you throughout the season until you're comfortable. Our goal is to help and encourage our new refs.
- Weekly Referee meetings (see page 3 for details). All referees are encouraged, and all others are invited to attend. NEW referees MUST attend TWO Monday night meetings to complete certification. (Certification required for referee points to be eligible in playoffs.)
- Coaches (who are AYSO certified Referees) may earn only 2 referee points for their team, if they choose. You are still required to attend TWO Monday Night meetings.
- Refer your coach and/or referee to our Referee Administrator or Division Manager (on pg 2) for more information not covered above.

YOUTH REFEREE:

- Must be 12 years and older
- Will be assigned to referee games of players who are two years younger than them.
- Can earn service hours (i.e., church, synagogue or school)
- Youth referees will earn 1 point per game just like an adult referee.

GAME CARDS for Divisions 10U, 12U, 14U, 16U and 19U:

- Pre-Printed game cards will be prepared and available for pick up at the admin/ref tent on the first game day. Rosters with players names and jersey numbers must be submitted to your respective Division Manager no less than one week prior to the first game.

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